



### **Bowl Food Menu**

*Bowl food is the on your feet, mini dining experience which can take you around the world.*

*Our chefs combine a range of flavours and create a selection of beautifully presented, hand sized meals. Taking inspiration from favourites from classic brits, 6,000 miles east, or why not take a trip down to the Caribbean?  
Great for private celebrations of all sizes, corporate events and parties.*

*"To eat is a necessity, to eat intelligently is an art"*

### **Classic Brits**

#### **Roast chicken dinner**

*Ballotine of chicken thigh, pork and caramelised onion stuffing, roast chateau potato, baby carrot, peas & pan juices*

#### **Shepherd's pie**

*Slow braised shank of lamb, peas & carrots topped with creamy potato and celeriac*

#### **Fish and chips**

*Beer battered cod, chips, mushy peas and coarse cut tartare sauce*

Complete Catering Ltd, 6 Butcher's Yard, Ardington, Oxon, OX12 8RA Tel 01235820840  
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# COMPLETE

FOOD • DRINK • EVENTS

## Modern Brits

### **Pork belly**

*Slow-braised pork belly, wilted greens, olives, capers and feta polenta*

### **Corn fed chicken**

*Delicately braised then seared chicken ballotine, wild mushrooms, leeks, bacon and thyme panko crumbs*

### **Wild sea bass**

*Seared sea bass with pea and mint soup, duchess potato with chive and shallot*

## Spanish Tapas

### **Tatas tres salsas**

*A trio of the bravas, aioli and cabrales sauces in one bowl topped with cabrales Spanish blue cheese*

### **Seta's con ajo v vino blanc**

*Mushrooms cooked in roasted garlic and white wine, finished with shards of Serrano ham and grated manchego cheese*

### **Calamares**

*Pan fried fresh squid flavoured with lemon, garlic, a pinch of cumin and micro fennel*

## 6,000 Miles East

### **Seared king prawns**

*Chilli, ginger, garlic, spring onions and bean sprouts*

### **Seared king scallops**

*Lime and chillies, blackened noodles and coriander emulsion*

### **Saien soba**

*Fried tofu, whole-wheat noodles, bean sprouts and courgettes*

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**Down to the Caribbean**

**Jerk lamb**

*With chilli butternut squash and apple salad*

**Jerk chicken**

*With rice and peas topped with mango pineapple relish*

**Caribbean vegetable curry**

*Deep rich and fruity vegetables spiced and topped with deep fried plantain*

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